



## Student-Athlete Agreement

I, the undersigned name, desire to be a member of the NPHS Track & Field Team. I know that hard work is essential for my success. As a member of a team, I agree to help my teammates reach their potential athletically, academically and personally. I understand that in order to be a part of the team I am expected to uphold the following criteria:

- Train and compete to the best of my ability.
- Be on time and prepared for practice, meets and team meetings.
  - Seated for roll call at 2:30pm at the track
  - Wearing proper running shoes and attire
- Attend *all* League Meets and stay until the completion of the meet and post-meet team meeting.
- Finish the tasks given to me by my coaches.
- Be an encouragement to those around me.
- Be respectful of my teammates, coaches and meet officials.
- Maintain a level of professionalism during practice. Dress appropriately. Refrain from profanity and crude joking.
- Communicate *honestly* with my event coach regarding any detail that may affect my training (i.e. injuries, classes, appointments, missed practices...)
- Represent Newbury Park High School with pride and dignity on and off the track.
- Uphold *all* NPHS, Marmante League and CIF rules.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Name (please print your name): \_\_\_\_\_

Email Address (*print clearly*): \_\_\_\_\_

Parent's Name(s) \_\_\_\_\_

Parent's Email Address: \_\_\_\_\_